

FRONT POOL SCHEDULE

Fall/Winter 2025/26

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30 AM		MASTERS SWIM 5:30 - 7:00		MASTERS SWIM 5:30 - 7:00			
6:30 AM							
7:00 AM							
7:30 AM							
8:30 AM -	AQUAZUMBA 8:30 - 9:15 MARISA	AQUAFIT 8:30 - 9:25 LYDNER	AQUAFIT 8:30 - 9:25 CAROLYN S.	AQUA BOOTCAMP 8:30 - 9:25 CAROLYN S.	AQUAFIT 8:30 - 9:25 CAROLYN K.	AQUAFIT 8:30 - 9:25 CAROLYN S.	AQUAFIT 8:30 - 9:25 LYNDNER
						AQUAZUMBA 9:30 - 10:15 ELAYNE	THOREAU SWIM SCHOOL 9:30 - 11:00
9:30 AM						NOTES	
10:30 AM			MASTERS SWIM 10:30 - 12:00		MASTERS SWIM 10:30 - 12:00	● NO LAP SWIM AVAILABLE IN THE POOL DURING SHARKS HOME SWIM MEETS.	
12:00 PM						SHARKS SWIM MEETS:	
2:30 PM -						12/6/2025 HOME * 2:00 PM THOREAU VS WESTFORD VS HAYDEN	
						12/13/2025 HOME * 2:00 PM THOREAU VS LONGFELLOW	
4:30 PM		THOREAU SWIM SCHOOL 4:00 - 4:30	THOREAU SWIM SCHOOL 4:00 - 4:30		THOREAU SWIM SCHOOL 4:00 - 4:30	12/20/2025 AWAY * TIME TBD MYSTIC VALLEY INVITATIONAL	
5:00 PM		 SHARKS SWIM TEAM PRACTICE 5:00 - 8:30	 SHARKS SWIM TEAM PRACTICE 5:00 - 8:30	AQUAFIT 5:00 - 5:55 CAROLYN K.	 SHARKS SWIM TEAM PRACTICE 5:00 - 8:30	1/10/2026 HOME * 2:00 PM THOREAU VS SWYMFIT	
						1/24/2026 HOME * 2:00 PM THOREAU VS WAYSIDE	
6:00 PM				 SHARKS SWIM TEAM PRACTICE 6:00 - 9:00		1/31/2026 AWAY * TIME TBD THOREAU @ MYSTIC VALLEY	
							2/7/2026 HOME * 2:00 PM THOREAU VS FLAHERTY
						2/28/2026 AWAY * TIME TBD THOREAU @ WAYLAND	