

THRIVE Programming

Dec 2025

**MBSC
THRIVE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00 AM	8:30 AM	6:00 AM	8:30 AM	6:00 AM	8:30 AM
9:00 AM	5:30 PM	10:00 AM	5:30 PM	9:00 AM	10:00 AM
10:00 AM	6:30 PM	12:00 PM		12:00 PM	

Max 6 participants per session

**Schedule is subject to change*

Our THRIVE sessions help take the guesswork out of what's effective.

MONTHLY RATE

LOCATION

Unlimited sessions
per month \$199

Thrive Studio
Bottom Floor

Questions:
Cioci@Thoreau.com



275 Forest Ridge Road | Concord, MA 01742 | 978.831.1200 | www.thoreau.com

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The
Thoreau Club